



# AMATSU STUDENT APPLICATION MANUAL



## **AMATSU TRAINING SCHOOL of IRELAND Ltd**

**17 Ballyowen Green, Lucan, Co Dublin**

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**Venue Address:** The Healthy Way, Ralph Square, Leixlip, Co. Kildare

Dear Student,

Thank you for your enquiry re: Amatsu Training. Amatsu is a **two year** part time course run at the above venue address from September to June. On completion of these 2 years you will qualify as an Amatsu practitioner.

There is a third year of study on the viscera of the body and how their attachments affect the structure of our bodies. This third year is optional and can be done with us once you have gained full practitioner status.

Emphasis in first year is on body movement with Anma (Japanese Massage) including Muscle Testing, in second year body movement with Seitai (positional release and neuromuscular repatterning), and in third year is on body movement with Shinden Jitsu (release of Viscera and their ligament attachments).

The classes are run in a modular format. There are 8 Modules in each of years 1 and 2. Each module is run over two days. There are 20 full teaching days in the year. These teaching days are grouped into 2 day blocks starting in September 2010 and continuing monthly until June 2011. These 10 weekends also include a revision weekend in May 2011 and a 2 day exam weekend in June 2011.

### **COURSES RUN OVER SATURDAYS & SUNDAYS : DATES TO BE CONFIRMED**

- Module 1:       **September**  
Intro to Amatsu, Asymmetry, Range, Texture, palpation, Switching, Muscle Testing, Intro to Anma massage/lower back
- Module 2:       **October**  
Foot, ankle, Lower Leg
- Module 3:       **November**  
Knee, Upper Leg
- Module 4:       **December**  
Femoral Heads, Pelvis
- Module 5:       **January**  
Pelvis, Sacrum
- Module 6:       **February**  
Spine, Ribs
- Module 7:       **March**



- **Pocket Atlas of the Moving Body.** Mel Cash
- **All course Manuals**

**Recommended Reading List:**

**In the following order, the books below are recommended, but not supplied by the school**

1. **Zero Balancing – touching the energy of bone** John Hamwee
2. **Energy Medicine** John Hamwee
3. **Power vs Force – the Hidden Determinants of Human Behavior** David R. Hawkins, M.D., Ph.D.
4. **Inner Bridges:** Fritz Frederick Smith, M.D.
5. **Bodywise** Joseph Heller & William A. Henkin Published by Wingbow Press ISBN 0-914728-73-3
6. **The Endless Web – Fascial Anatomy and Physical Reality** R. LouisSchultz, PhD Rosemary Feitis, DO
7. **Energy Medicine – The Scientific Basis** by James L. Oschmann
8. **Medical Dictionary** (Available in all good bookshops)

**Other Recommended Readings**

9. **Surface Markings and Anatomy** Derek Field  
Published by Butterworth Heinemann  
ISBN 0-75064618-7
10. **Touch for Health.** John Thie 0-87516-180-4
11. **Zen - Body Being:** by Peter Ralston and Linda Ralston
12. **Hands of Light – A Guide to Healing Through the Human Energy Field** Barbara Ann Brennan
13. **Anatomy of Movement Exercises** Blandine Calais-Germain  
Published by Eastland Press, Seattle  
ISBN 0-939616-22-X
14. **The Human Body.** Jane de Burgh 1-84013-538-7
15. **The Sciences Good Study Guide.** Andrew Northledge et all.  
The Open University Press 0-7492-3411-3
16. **Sport and Remedial Massage Therapy.** Mel Cash 0-09-180956-8
17. **Applied Kinesiology (synopsis).** David S Walther 0-929721-00-4
18. **Atlas of Human Anatomy** Frank H. Netter, M.D. 192900711-6
19. **The Physiology of the Joints, Volumes 1, 2&3.** I.A. Kapandji 0-443-01209-1

**All the above books are readily obtained from Amazon Books on the Internet.**

I hope the enclosed information helps you to make a decision to join us.

Yours sincerely,

Jenny McGann - Teacher  
087 799 3868 [mcgannj@eircom.net](mailto:mcgannj@eircom.net)

## Course Booking Terms and Conditions

1. a) Bookings must be made by email, letter or telephone through the Amatsu Training School Ireland (ATSI) Ltd. Telephone bookings must be confirmed in writing.  
 b) Deposits and course fees are non-refundable. You are entitled to request a refund of all monies paid within the first 7 days of enrolment under the Distance Selling Regulations. This application must be made in writing to our Head Office. Any course materials must be returned in unused condition, at the applicant's expense. Any used course materials will be deducted from the refund. Failure to cancel within 7 days of enrolment will commit you pay the course fees.
2. Payment should be made two weeks prior to course start date or in advance with your booking.
3. Should circumstances mean that you need to transfer to another Amatsu Therapy Ireland (ATI) accredited course, then the following charges will apply dependant on notice given:
  - More than four weeks prior to course start date – no charge
  - Two to four weeks notice given – 25% of course fee
  - Less than two weeks notice given – 50% of course fee
4. If you have to cancel you course without transferring your booking to another date at the time of cancellation, the following charges will apply:
  - More than four weeks prior to course – no charge
  - Two to four weeks prior to course – 50% of total course fee
  - Less than two weeks prior to course – full fee – i.e. no refund
5. Cancellation or transfer must be in writing and received by Amatsu Training School Ireland (ATSI) Ltd by the due date.
6. If you do not attend a course, and have not previously informed us in writing as set out above, the full course fee remains payable.
7. If you arrive late for a course or are absent from any session, we reserve the right to refuse to accept you for training if we feel you will gain insufficient knowledge or skill in the time remaining. In all such cases the full course fee remains payable.
8. On occasion for unforeseen circumstances ATSI Ltd may find it necessary:
  - a) To cancel a course. In such circumstances, you will be given as much notice as possible and the offer of a free transfer to another course date, or a full refund of fees paid.
  - b) Tutors may be changed without prior notice in instances of unforeseen circumstances. The location and date of the course will be as advised to you at the time of booking. ATSI Ltd reserves the right to change the location of the course and will advise you as soon as this change is known.
9. If, having either paid your deposit or begun a course, for whatever reason you fail to complete it, then at the discretion of ATSI Ltd, some part of the course fee may be refunded.
10. Students are required to comply with the standards listed in the accompanying Student Charter.
11. In the event that you fail a subject in your Year 1 or Year 2 examination and need to re take that part of your examination you will be entered for the next available exam date. This will be subject to the current fees which are charged by the examining body.
12. You accept that it is your responsibility to verify that the courses you apply for are suitable for your requirements and that that you have the necessary level of competence and prerequisite qualifications where necessary to be able to achieve the objectives of the course.
13. The copyright and all other intellectual property rights in all course materials shall remain the sole and exclusive property of the ATSI Ltd. You undertake that you will not copy or permit the copying of course materials, nor disclose or permit the disclosure or sell or hire the same to third parties, nor use the same for running your own courses.
14. Due to the high costs involved in attending a training course, we strongly advise that you obtain insurance for the following:
  - Cancellation of training course
  - Postponement of training course
  - Travel
  - Hotel/Accommodation

## Amatsu Training School Ireland Ltd

### STUDENT CHARTER

As part of our commitment to you, we will always try to achieve the following standards

#### Before you start your course

Amatsu Training School Ireland will	You will need to
<ul style="list-style-type: none"> <li>• Provide clear information regarding our courses, entry requirements, fees and other charges and information on payment methods</li> <li>• Provide opportunities to meet before joining the course</li> <li>• Acknowledge your application to study and arrange an interview</li> <li>• Provide you with an interview and information regarding your course and other programmes of study.</li> </ul>	<ul style="list-style-type: none"> <li>• Read the information provided in the Pre Study Module and discuss any specific needs you have</li> <li>• Request such opportunities</li> <li>• Confirm your attendance at interview</li> <li>• Attend an interview</li> </ul>

#### At the start of your course

Amatsu Training School Ireland will	You will need to
<ul style="list-style-type: none"> <li>• Provide Learner Support if required</li> <li>• Give you modules as required</li> </ul>	<ul style="list-style-type: none"> <li>• Discuss your individual learning needs with the tutor</li> <li>• Check that you have been given these</li> </ul>

- Help you to become familiar with the site buildings and facilities
- Provide you with an assessment plan for the Amatsu course
- Provide you with a Course Leader and Teaching Assistants who will provide academic and welfare support

and request it if necessary

- Make yourself available to look around the Site
- Discuss the plan with the tutor
- Check that you have been given this information and request it if necessary

### During your course

#### Amatsu Training School Ltd will

- Provide an adult learning environment in which you are respected as an individual
- Provide committed and suitably qualified staff to deliver and support your learning programme
- Ensure that all your work is assessed fully with feedback offered promptly
- Regularly monitor your progress
- Provide suitable learning facilities to enable you to complete your studies
- Ensure that Health and Safety regulations are

#### You will need to

- Respect others and comply with the School's rules and equal opportunities policies
- Attend all your class and workshops and undertake all work set
- Meet the agreed assessment deadlines or forfeit £20 to a charity of our choice
- Complete student feedback forms and log books
- Treat all School facilities with respect and pay any fees promptly
- Follow Health and Safety regulations

met

- Provide personal advice, welfare and counselling support
- Ensure that you are correctly registered with the Complementary Therapists' Association and are fully insured as a Student
- Collect and analyse your feedback forms to develop services further

- Request such support from the Course Leader
- Complete the necessary forms at the specified time and pay any appropriate fees
- Complete questionnaires fully when required

### At the end of your course

#### Amatsu Training School Ltd will

- Provide you with support, advice and information on Continuing Professional Development
- Help you to arrange insurance at practitioner level

#### You will need to

- Complete the necessary Continuing Professional Development required by Amatsu Therapy Ireland
- Complete the necessary forms for practitioner insurance

This charter is not legally binding but is a guide to the standards we will aim to achieve

<b>AMATSU TRAINING SCHOOL IRELAND PRACTITIONER TRAINING</b>	
<b>Application Form for Anma &amp; Seitai Course</b>	
<b>SECTION ONE – Personal Information</b>	
Name	
Address	
Telephone	
Mobile	
Email	
Date of Birth	
Current Employment	
Educational background & relevant training courses	
Complementary medical training or experience	
Medical /Health or Social conditions which may impact on your ability to complete the course and/or practice Amatsu?	
Have you under current or previous trading titles been convicted of any criminal offence, other than motoring, or are there any prosecutions pending?	
<b>SECTION TWO – Amatsu Experience</b>	
Please explain briefly how you heard about Amatsu.	

Have you received Amatsu Treatments, do you have a specific therapist you go to? YES/NO
If yes, over what period of time and with whom?
How have these treatments helped you?
Please detail any other Amatsu experiences
<b>SECTION THREE – The Course</b>
Why do you want to do the course?
What personal qualities do you possess that will help you complete the course?
What difficulties do you anticipate in studying and completing the course? How do you think you will be able to overcome them?

Please describe how you will integrate the time commitment and workload into your current lifestyle?
What are your goals after qualifying?
What qualities do you possess that will enable you to become a good Amatsu Practitioner?
What concerns do you have about the course?
Have you applied for an Amatsu Training course before? If yes, please give details.
All information provided will remain private and confidential. If necessary, continue on additional sheets of paper. Ensure additional sheets are clearly numbered and state which section they relate to.

**SECTION 4 – DECLARATION**

I confirm that the above information is, to the best of my knowledge, true and accurate.

Signed:

Dated: